

## Skills Canada Ingredient List Competitor Category and Province Ex. Secondary, Manitoba

Chocolas Products Conco Butter				
Cocoa Butter Cocoa Powder (Double Acting) Corocoa Powder (Doub		Order Quantity in Grams	Leavening Agents	
Compound White Chocolate Conventure Mac Chocolate Conventure Mac Chocolate 64 5% Conventure Ruby Chocolate Conventure Ruby			Baking Powder (Double Act	ing)
Compound Dark Chocolate Couverture BMC Chocolate (SW) Couverture MMC Chocolate (SW) Couverture White Chocolate (SW) Couverture White Chocolate W2 Couverture W2 Couverture W3 Couverture W3 Couverture W4 Couverture W4 Couverture W4 Couverture W4 Couverture W4 Couverture W4 Couv				
Liqueurs   Order Quantity in Grams   Counterfue Ruby Chocolate   Counterfue Ruby Cho	Compound White Chocolate		Instant Yeast (Osmotoleran	t)
Courefure Mix Chocolate (2823 Courefure White Chocolate (2824 Courefure White Chocolate W.Z Coora Nibs   Bulley's   Rym Dark    Dairy   Order Quantity in Grams   Rym Dark   Dark   Products   Amonds Ground, Blanched Ground, Blanched Amonds Ground, Blanched Amonds Ground, Blanched Ground, Blanched Ground, Blanched Ground, Blanched Ground, Bla				
Couverfure Native Chocolate Couverfure White Chocolate Cocon Nibs				Order Quantity in Grams
Coure from White Chocolate WZ   Coora Nibs   Rum Dark				
Bairy				
Dairy   Order Quantity in Grams   Mix Products   Order Quantity in Grams   Almonds Ground, Blanched   Almonds Ground   Almonds Ground   Almonds Ground   Almonds Ground   Almonds Ground   Almonds Abutral This Sicol   Almonds Ground   Almonds Grounds   Almonds Ground   Almonds Ground   Almonds Ground   Almond				
Almonds Ground, Blanched	Cocoa Nibs		Rum Dark	
Almonds Ground, Blanched				
Almonds Natural Thin Silcod   Myblone Miss 25%   Hazeinuts Ground		Order Quantity in Grams		
Whole Miks 2.25%   Hazeinuts Ground   Hazeinuts Whole   Paster   Paste   Paste				
Bour Casam   Cream Cheese   Cream				1
Hazeinur Paste   Pistachios Whole   Pistachios Paste   Pistachios Whole   Pistachios Paste   Pistachios Pa				
Pistachios Whole   Pistachios Paste   Died Fruit   Order Quantity in Grams   Died Chemies   Died Blueberines   Seeds and Seed Butter   Order Quantity in Grams   Sunfower Seeds   Sunfower Seed				
Dried Fruit	Cream Cheese			
Died Charries Died Blueberries Died Camberries				
Seeds and Seed Butter   Order Quantity in Grams   Seeds and Seed Butter   Sunflower Seeds   Sunflowe		Order Quantity in Grams	Pistachio Paste	
Sunflower Seeds   Spices   Order Quantity in Grams   Nutrueg   Spices   Order Quantity in Grams   Nutrueg   Spices   Order Quantity in Grams   Suter Unsalted   Sugestable Shortening   See Salt   S	Dried Cherries			
Fresh Eggs				Order Quantity in Grams
Fresh Eggs   Order Quantity in Grams   Eggs Large   Alspice   Al	Dried Cranberries		Sunflower Seeds	
Fresh Eggs   Order Quantity in Grams   Eggs Large   Alspice   Al				,
Allspice   Compared to the c		,		Order Quantity in Grams
Fats Order Quantity in Grams Butter Unsalted Vegetable Shortening Coconut Oil Satt Vegetable Shortening Coconut Oil Starch Order Quantity in Grams Fresh Ginger Order Quantity in Grams All Purpose Flour Order Quantity in Grams All Purpose Flour Shorten Order Quantity in Grams Fresh Flour Order Quantity in Grams Fresh Flour Starch Order Quantity in Grams Fresh Fruit Order Quantity Blackberry Blackberry Blackberry Blackberry Brassenries  Order Quantity in Grams Comstarch  Sweetening Agents Order Quantity in Grams All Purpose Flour Starch Order Quantity in Grams All Purpose Flour Starch Order Quantity Condensed Milk Maple Syrup Starch Order Quantity in Grams All Purpose Flour Starch Order Quantity Condensed Milk Maple Syrup Starch Order Quantity Condensed Milk Maple Syrup Starch Order Quantity Sweetening Agents Order Quantity in Grams Sugar, Idning		Order Quantity in Grams		
Fats   Order Quantity in Grams   Salt	Eggs Large			
Salt   Sea Salt   Se				
Vegetable Oil   Vegetable Shortening   Coconut Oil   Starch   Order Quantity in Grams   Community		Order Quantity in Grams		
Vegetable Shortening   Coconut Oil   Starch   Order Quantity in Grams   Comstarch   Order Quantity in Grams   Comstarch   Order Quantity in Grams   Sugar Paste   Order Quantity in Grams   Rolled Fondant   Sugar Paste   Order Quantity in Grams   Rolled Fondant				
Starch   Order Quantity in Grams   Constanch   Const		ļ	Sea Salt	
Flavorings   Order Quantity in Grams   Fresh Ginger   Sugar Paste   Instant Coffee   Ghammine Tea   Instant Coffee Tea   Ghammine Tea   Instant Commine Tea   Ghammine Tea   Instant Com	Vegetable Shortening			
Fresh Ginger Vanilla Extract Bourbon Vanilla Bean Paste Instant Coffee Chamomile Tea Lemon Oil Flour Order Quantity in Grams Glucose Honey Isomatt Iso	Coconut Oil		Starch	Order Quantity in Grams
Fresh Fruit Order Quantity in Grams Pasty Fresh Fruit Order Quantity in Grams Pasty Blackberry Brown Blackberry Brown Braspherrist Prozen Fruit Purse Raspberry Prozen Fruit Prozen Fruit Prozen Fruit Prozen Rubarb Prozen Gelatin Products Gelatin Products Gelatin Products Gelatin Product Gelatin Products Gelatin Products Gelatin Products Gelatin Products Gelatin Product Gelatin Product Gelatin Products Gelatin Products Gelatin Products Gelatin Products Gelatin Product Gelatin Product Gelatin Product Gelatin Products Gelatin Products Gelatin Products Gelatin Product Gelatin Product Gelatin Products Gela			Cornstarch	
Rolled Fondant		Order Quantity in Grams		
Bourbon Vanilla Bean Paste   Instant Coffee   Sweetening Agents   Order Quantity in Grams   Glucose   Honey   Isomalt   Light Com Syrup   Isomalt   Light Com Syrup   Soft Fondant   Syrup   Syrup   Soft Fondant   Syrup   Syrup   Syrup   Soft Fondant   Syrup   Syrup   Soft Fondant   Syrup   Sy	Fresh Ginger			Order Quantity in Grams
Instant Coffee Chamomile Tea Lemon Oil  Flour Order Quantity in Grams All Purpose Flour Bread Flour Cake Flour Pastry Flour  Fresh Fruit Order Quantity Kiw Pineapple Mango Blackberry Lemon Strawberries Oranges Raspberries Fresh Herbs Rosemary Thyme Frozen Fruit Puree Order Quantity in Grams Raspberry Passionfruit White Peach Strawberry Strawberry Frozen Fruit Prozen Fruit Prozen Fruit Prozen Fruit Frozen Fruit Frozen Fruit Frozen Fruit Frozen Rubarb Frozen Strawberry Strawberry Again Frozen Strawberry  Frozen Fruit Frozen Strawberry  Frozen Fruit Frozen Strawberry Again Ag	Vanilla Extract		Rolled Fondant	
Chamomile Tea Lemon Oil Flour Order Quantity in Grams All Purpose Flour Bread Flour Cake Flour Pastry Flour  Fresh Fruit Mango Blackberry Lemon Discription Blackberry Braspberries Order Quantity in Grams Raspberries Fresh Herbs Order Quantity in Grams Raspberry Thyme Fresh Fruit Fresh Fruit Order Quantity in Grams Raspberry Fresh Gorder Quantity in Grams Raspberry Fresh Herbs Fresh Herbs Fresh Herbs Order Quantity in Grams Raspberry Fresh Fruit Fresh Herbs Fresh Herbs Order Quantity in Grams Raspberry Fresh Herbs Fresh Herbs Fresh Herbs Fresh Herbs Fresh Herbs Order Quantity in Grams Raspberry Fresh Herbs Fresh	Bourbon Vanilla Bean Paste			
Flour			Sweetening Agents	Order Quantity in Grams
Isomalt   Isom				
Flour   Order Quantity in Grams   Candensed Milk   Maple Syrup   Candensed Milk   Maple Syrup   Candensed Milk   Maple Syrup   Soft Fondant   Sugar, Icing   Sugar, Granulated   Sugar, Icing   Sugar, Brown   Strawberny   Stra	Lemon Oil			
All Pumpose Flour Bread Flour Cake Flour Pastry Flour  Fresh Fruit Order Quantity Kiwi Pineapple Mango Blackberry Lemon Strawberies Oranges Fresh Herbs Order Quantity in Grams Rosemary Thyme Fresh Fruit Puree Order Quantity in Grams Raspberry Fresh Fruit Puree Order Quantity in Grams Raspberry Fresh Fruit Puree Order Quantity in Grams Raspberry Fresh Herbs Order Quantity in Grams Raspberry Fresh Herbs Order Quantity in Grams Raspberry Fresh Herbs Order Quantity in Grams Raspberry Frozen Fruit Puree Order Quantity in Grams Raspberry Frozen Fruit Frozen Rubuarb Frozen Saskatoon Berries  Gelatin Products Gelatin P				
Bread Flour Cake Flour Pastly Flour  Fresh Fruit Order Quantity Kivi Pineapple Mango Blackberry Lemon Strawberries Order Quantity in Grams Raspberries Fresh Herbs Order Quantity in Grams Raspberry Thyme  Frozen Fruit Puree Order Quantity in Grams Raspberry Passionfruit White Peach Strawberry  Agar Trozen Fruit Frozen Fruit Grams Raspberry Frozen Fruit Frozen Fruit Frozen Fruit Frozen Fruit Frozen Fruit Frozen Fruit Grams Raspberry Frozen Fruit Frozen Fruit Frozen Fruit Frozen Fruit Grams Frozen Fruit Frozen		Order Quantity in Grams	Light Com Syrup	
Cake Flour Pastry Flour  Fresh Fruit Wiw Pineapple Mango Blackberry Lemon Strawbernies Order Quantity in Grams Rosemany Thyme Presh Fruit Puree Passionfruit Passionfruit White Peach Strawberny Passionfruit Prozen Fruit Frozen Fruit Frozen Fruit Frozen Saskatoon Berries Gelatin Products Gelatin Products Gelatin Product Grands Sugar, Granulated Sugar, Brown Fresh Produce Order Quantity in Grams Rosemany Frougar Rivine Frougar Rivine Frod Colors Cocoa Butter Colors Agar Tartanc Acid Citric Acid Vanilla Beans Luster Dust/Metallic Powders Modified Starch Mattodextrin Yazu Julice Soy Lecithin Ultra Sperse	All Purpose Flour			
Cake Flour Pastry Flour  Fresh Fruit Wiw Pineapple Mango Blackberry Lemon Strawbernies Order Quantity in Grams Rosemany Thyme Presh Fruit Puree Passionfruit Passionfruit White Peach Strawberny Passionfruit Prozen Fruit Frozen Fruit Frozen Fruit Frozen Saskatoon Berries Gelatin Products Gelatin Products Gelatin Product Grands Sugar, Granulated Sugar, Brown Fresh Produce Order Quantity in Grams Rosemany Frougar Rivine Frougar Rivine Frod Colors Cocoa Butter Colors Agar Tartanc Acid Citric Acid Vanilla Beans Luster Dust/Metallic Powders Modified Starch Mattodextrin Yazu Julice Soy Lecithin Ultra Sperse	Bread Flour		Maple Syrup	
Fresh Fruit   Order Quantity	Cake Flour			
Fresh Fruit   Order Quantity	Pastry Flour		Sugar, Granulated	
Fresh Produce   Order Quantity				
Pineapple Mango Blackberry Lemon Strawberries Oranges Raspberries Fresh Herbs Rosemany Thyme Order Quantity in Grams Prozen Fruit Frozen Rhubarb Frozen Rhubarb Frozen Rhubarb Frozen Rhubarb Frozen Saskatoon Berries Gelatin Products Gelatin Products Gelatin Product Gelat	Fresh Fruit	Order Quantity	Sugar, Brown	
Mango Blackberry Blackberry Blackberry Blackberry Bravaberries  Oranges Fresh Herbs Order Quantity in Grams Rosemary Thyme  Frezen Fruit Puree Passionfruit White Peach Strawberry  Frozen Fruit Frozen Rubuarb Frozen Rubuarb Frozen Rubuarb Frozen Saskatoon Berries  Gelatin Products Gelatin Products Gelatin Product Gela				
Blackberry Lemon Strawberries Oranges Raspberries Fresh Herbs Order Quantity in Grams Rosemary Thyme Frozen Fruit Puree White Peach Strawberry Agar Frozen Fruit Frozen Rhubarb Frozen Rhubarb Frozen Rhubarb Frozen Rhubarb Frozen Strawbery Agar  Frozen Fruit Grams Raspberry Agar  Frozen Fruit Frozen Fruit White Peach Strawberry  Frozen Rhubarb Frozen Rhubarb Frozen Saskatoon Bernies Luster Dust/Metallic Powders Modified Starch Maltodeztrin Yuzu Julice Gelatin Powder Gelatin Powder Gelatin Powder Ultra Sperse			Fresh Produce	Order Quantity
Blackberry Lemon Strawberries Oranges Raspberries Fresh Herbs Order Quantity in Grams Rosemary Thyme Frozen Fruit Puree White Peach Strawberry Agar Frozen Fruit Frozen Rhubarb Frozen Rhubarb Frozen Rhubarb Frozen Rhubarb Frozen Strawbery Agar  Frozen Fruit Grams Raspberry Agar  Frozen Fruit Frozen Fruit White Peach Strawberry  Frozen Rhubarb Frozen Rhubarb Frozen Saskatoon Bernies Luster Dust/Metallic Powders Modified Starch Maltodeztrin Yuzu Julice Gelatin Powder Gelatin Powder Gelatin Powder Ultra Sperse				
Strawberries Oranges Raspberries Fresh Herbs Rosemary Thyme Frozen Fruit Puree Passionfruit White Peach Strawberry Trozen Fruit Prozen Fruit Prozen Fruit Prozen Fruit Prozen Fruit Frozen Strawberry  Agary  Gelatin Products Gelatin Products Gelatin Products Gelatin Products Gelatin Product Gelatin Products Gelatin Product Gelatin Produ			Beets	
Strawbernies	Lemon		Parsnip	
Feuilitine	Strawberries			
Feultine				Order Quantity in Grams
Ice Cubes   Rolled Oats   Aproot Glaze				
Rosemany Tryme Trough Fruit Puree Order Quantity in Grams Raspberry Passionfruit White Peach Strawberry  Frozen Fruit Frozen Rhubarb Frozen Rhubarb Frozen Saskatoon Berries Gelatin Products Gelatin Sheets Gelatin Powder Gelatin Pow			Ice Cubes	
Frozen Fruit Puree Order Quantity in Grams Raspberry Forsen Fruit Phassionfruit White Peach Strawberry Agar Frozen Fruit Frozen Fruit Frozen Fruit Frozen Ruit Frozen Ruit Frozen Saskatoon Berries Uantitation Frozen Saskatoon Berries Gelatin Products Gelatin Products Gelatin Powder Gelatin Powder Gelatin Powder Uitra Sperse Uutra Sperse	Fresh Herbs	Order Quantity in Grams	Rolled Oats	
Frozen Fruit Puree Order Quantity in Grams Raspberry Stailis/Compétences Canada These Ingredients do not count in your two extra ingredier Passionfruit Cocoa Butter Colors Strawberry Agar Tartaric Acid Citic Acid Citic Acid Cocoa Butter Colors Frozen Fruit Cocoa Butter Colors Frozen Rhubarb Vanilla Beans Frozen Rhubarb Vanilla Beans Luster Dust/Metallic Powders Maltodextrin Yuzu Julice Gelatin Powder Soy Lecithin Ultra Sperse	Rosemary		Apricot Glaze	
Frozen Fruit Products Gelatin Products Gelatin Product Gelatin	Thyme			
Frozen Fruit Products Gelatin Products Gelatin Product Gelatin			Permitted Additional Ingre	dients Not Supplied by
These Ingredients do not count in your two extra ingredients	Frozen Fruit Puree	Order Quantity in Grams	Skills/Compétences Cana	da
White Peach   Cocoa Butter Colors	Raspberry		These Ingredients do not o	ount in your two extra ingredient
White Peach   Cocoa Butter Colors				
Agar				
Tartaric Acid				
Frozen Fruit				
Vanilla Beans	Frozen Fruit			
Luster Dust/Metallic Powders			Vanilla Beans	
Modified Starch   Modified Starch   Maltodextrin   Selatin Sheets   Gelatin Powder   Soy Lecithin   Ultra Sperse   Ultra Sperse				rs
Gelatin Products         Order Quantity in Grams         Maltodextrin           Gelatin Sheets         Yuzu Julice           Gelatin Powder         Soy Lecithin           Mirror Glaze         Ultra Sperse		İ		
Gelatin Sheets         Yuzu Julice           Gelatin Powder         Soy Lecithin           Mirror Glaze         Ultra Sperse	Gelatin Products	Order Quantity in Grams		
Gelatin Powder         Soy Lecithin           Mirror Glaze         Ultra Sperse				
Mirror Glaze Ultra Sperse		†		
		†		
I ish Geidan		†		

Staples- Not required to Order Silicon paper – 40 X 60 cm (16"x 24") Cling Film

Aluminum foil

Cardboard underlines for cakes – 25 1/2 cm (10") – 15.24 cm (6")

Paper Towels
Sanitizing solution in spray bottles
Dish Soap

Pan Spray

Additional Important Notes:

Competitors are permitted to bring in two ingredients of their choice. The two ingredients will be presented to the judges during the 30 minutes of set up, while the judges are inspecting the workstation, tools and permitted additional ingredients. The two additional ingredients cannot be premade or fabricated ingredients or products.

additional ingredients. The two additional ingredients cannot be premade or labnicated ingredients or products. Beyond the two additional ingredients no other ingredients are allowed to be brought to the competition site. NO GOLD LEAF, NO SILVER LEAF Minors: If competitors are wanting to use the listed Liquor/Alcohol within their recipe, competitors must consult with a National Technical Committee (NTC) member for assistance. Secondary competitors/minors are not to handle any alcohol. A NTC member will dispense the desired amount within the recipe for the competitor. ALL INGREDIENTS ARE SUBJECT TO AVAILABILITY