

Skills Canada Ingredient List Competitor Category and Province Ex. Secondary, Manitoba

Chocolate Products	Order Quantity in Grams	Leavening Agents	Order Quantity in Grams
Cocoa Butter		Baking Powder (Double Ac	ting)
Cocoa Powder		Baking Soda	
Compound White Chocolate		Instant Yeast (Osmotoleran	nt)
Compound Dark Chocolate			0.1.0
Couverture Dark Chocolate 54.5% Couverture Milk Chocolate C823		Liqueurs Triple See	Order Quantity in Grams
Couverture Ruby Chocolate		Triple Sec Bourbon	
Couverture White Chocolate W2		Bailey's	
Cocoa Nibs		Rum Dark	
Dairy	Order Quantity in Grams	Nut Products	Order Quantity in Grams
Milk Powder		Almonds Ground, Blanched	
Whipping Cream 35%		Almonds Natural Thin Slice	d
Whole Milk 3.25%		Hazelnuts Ground	
Sour Cream		Hazelnuts Whole	
Cream Cheese		Hazelnut Paste	
Dried Fruit	0 1 0 11 1 0	Pistachios Whole	
Dried Fruit Dried Chemies	Order Quantity in Grams	Pistachio Paste	
Dried Blueberries		Seeds and Seed Butter	Order Quantity in Grams
Dried Cranberries		Sunflower Seeds	Order Quantity in Grams
S.I.O. C.BIIDGIIIGS		Sumower Seeds	l .
1		Spices	Order Quantity in Grams
Fresh Eggs	Order Quantity in Grams	Nutmeg	
Eggs Large		Allspice	
		Pumpkin Pie Spice	
Fats	Order Quantity in Grams	Cinnamon Ground	
Butter Unsalted		Salt	
Vegetable Oil		Sea Salt	
Vegetable Shortening			
Coconut Oil		Starch	Order Quantity in Grams
ler.		Cornstarch	
Flavorings Fresh Ginger	Order Quantity in Grams	Sugar Paste	Order Quantity in Grams
Vanilla Extract		Rolled Fondant	Order Quantity in Granis
Bourbon Vanilla Bean Paste		Rolled Folidalit	
Instant Coffee		Sweetening Agents	Order Quantity in Grams
Chamomile Tea		Glucose	
Lemon Oil		Honey	
		Isomalt	
Flour	Order Quantity in Grams	Light Corn Syrup	
All Purpose Flour		Condensed Milk	
Bread Flour		Maple Syrup	
Cake Flour		Soft Fondant	
Pastry Flour		Sugar, Granulated	
E		Sugar, Icing	
Fresh Fruit Kiwi	Order Quantity	Sugar, Brown	
Pineapple		Fresh Produce	Order Quantity
Mango		Carrots	Order Quality
	1		
Blackberry Lemon		Beets	
Lemon Strawberries			
Lemon		Beets	Order Quantity in Grams
Lemon Strawberries Oranges		Beets Parsnip	Order Quantity in Grams
Lemon Strawberries		Beets Parsnip Misc.	Order Quantity in Grams
Lemon Strawberries Oranges	Order Quantity in Grams	Beets Parsnip Misc. Feullitine	Order Quantity in Grams
Lemon Strawberries Oranges Raspberries Fresh Herbs Rosemary	Order Quantity in Grams	Beets Parsnip Misc. Feullitine Ice Cubes	Order Quantity in Grams
Lemon Strawberries Oranges Raspberries Fresh Herbs	Order Quantity in Grams	Beets Parsnip Misc. Feuilitine Ice Cubes Rolled Oats Apricot Glaze	
Lemon Strawberries Oranges Raspberries Fresh Herbs Rosemary Thyme		Beets Parsnip Misc. Feulitine Ice Cubes Rolled Oats Apricot Glaze Permitted Additional Ingre	edients Not Supplied by
Lemon Strawberries Oranges Raspberries Fresh Herbs Rosemary Thyme Frozen Fruit Puree	Order Quantity in Grams	Beets Parsnip Misc. Feullitine lice Cubes Rolled Oats Apricot Glaze Permitted Additional Ingre Skills/Compétences Cana	edients Not Supplied by
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Staples- Not required to Order Silicon paper – 40 X 60 cm (16"x 24") Cling Film

Aluminum foil

Cardboard underlines for cakes – 25 1/2 cm (10") – 15.24 cm (6")

Paper Towels
Sanitizing solution in spray bottles
Dish Soap

Pan Spray

Additional Important Notes:

Competitors are permitted to bring in two ingredients of their choice. The two ingredients will be presented to the judges during the 30 minutes of set up, while the judges are inspecting the workstation, tools and permitted additional ingredients. The two additional ingredients cannot be premade or fabricated ingredients or products.

additional ingredients. The two additional ingredients cannot be premade or labnicated ingredients or products. Beyond the two additional ingredients no other ingredients are allowed to be brought to the competition site. NO GOLD LEAF, NO SILVER LEAF Minors: If competitors are wanting to use the listed Liquor/Alcohol within their recipe, competitors must consult with a National Technical Committee (NTC) member for assistance. Secondary competitors/minors are not to handle any alcohol. A NTC member will dispense the desired amount within the recipe for the competitor. ALL INGREDIENTS ARE SUBJECT TO AVAILABILITY