



CONTEST DESCRIPTION

# Aesthetics

POST-SECONDARY

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## **1 THE SKILLS FOR SUCCESS FOR CAREERS IN THE SKILLED TRADES AND TECHNOLOGY**

The Government of Canada has updated the previous Essential Skills framework to the new Skills for Success model in response to the evolving labour market and changing skill requirements. This model outlines nine fundamental skills Canadians need to thrive in work, education, training, and daily life.

Skills/Compétences Canada aims to highlight the importance of these skills, vital for success in trade and technology careers. Competitors can see how Skills for Success are integrated into contest descriptions, projects, and project documents. Recognizing these skills during the competition helps competitors match tasks with specific skills necessary for success and understand how these skills apply within their trade or technology programs and future careers.

The nine key Skills for Success, validated for workplace success, are:

1. Numeracy
2. Communication
3. Collaboration
4. Adaptability
5. Reading
6. Writing
7. Problem Solving
8. Creativity and Innovation
9. Digital

These Skills for Success are detailed in sections 2.3 and/or 3.2 (to be completed by SCC) of your Contest Description and, if relevant, in your Project and supporting documents.

## **2 CONTEST INTRODUCTION**

### **2.1 Description of the associated work role(s) or occupation(s)**

[https://www.skillscompetencescanada.com/en/skill\\_area/aesthetics/](https://www.skillscompetencescanada.com/en/skill_area/aesthetics/)

### **2.2 Purpose of the Challenge**

This competition aims to showcase and elevate the skills, creativity, and professionalism of aestheticians. It provides a platform for participants to demonstrate their expertise in various beauty treatments and techniques, such as facials, manicures, body treatments and makeup, fostering a spirit of excellence and innovation within the industry. Through rigorous assessment by industry experts, these competitions not only celebrate outstanding talent but also set high standards, inspire continued education, and highlight emerging trends. Ultimately, they contribute to the advancement and

recognition of the beauty therapy profession while demonstrating professionalism and complying with occupational health and safety.

### 2.3 Duration of contest

12 Hours

### 2.4 Skills and Knowledge to be tested

#### **Advanced Facial**<sup>2,7</sup>

The competitor will showcase an advanced facial routine, featuring the application of cleanser, exfoliant, serum(s), mask and finishing products (Sponsor TBD). In addition, competitors will include specialized treatments for the eyes and lips.

The facial treatment will utilize equipment such as the BT Sonic for cleansing (link to video found here) and BT Micro for product infusion and cold globes (link to video found here).

Participants will demonstrate lymphatic drainage techniques on the face, followed by a relaxing massage covering the face, neck décolleté and neck & shoulders.

Products will be supplied by the sponsor (sponsor to be determined)

#### **Manicure: Seasonal Fusion**<sup>2, 4, 8</sup>

During the Seasonal Creative Manicure, competitors will showcase their skills by performing a dry gel polish spa manicure, which includes shaping the natural nail and performing cuticle work. They will also apply an exfoliation treatment and a mask and demonstrate a comprehensive 12-step hand and arm massage. Detailed instructions for this massage will be available on the SCC website for reference.

Competitors are required to apply a bold red gel polish to nine fingers, leaving one ring finger unpolished. On this ring finger, they will create a hand-painted nail art representation of one of the seasons—spring, summer, autumn, or winter—without any three-dimensional decorations. The design will continue from the ring finger, across the back of the hand, and along the forearm up to the elbow, using any chosen art medium. All artwork must be hand painted and free from any embellishments. Competitors are responsible for supplying their own tools and materials for the freehand nail and arm design.

#### **Body Therapy Treatment**<sup>2,3,5,6</sup>

Competitors will perform a manual leg and foot exfoliation from the knee down, including the entire foot followed by a mud detoxification wrap to the exfoliated area finishing with a lotion.

During the detox wrap, competitors will perform a pressure point head massage (see instructions/video on SCC website) followed by a jade comb head massage (link to video 0:00-1:53 found here).

Competitors will then complete a dry (no soaking) mini pedicure on a lay down bed which will include toenail trimming, filing, and cuticle work with a French lacquer polish (base coat, white French application that compliments the toenail shape, blush pink overlay, top coat). Corrections are permitted. Polishes to be supplied (sponsor TBD).

### **Creative Makeup: Seasonal Fusion<sup>2, 7, 8</sup>**

In the seasonal fusion creative makeup challenge, competitors will use their own makeup and tools to create a unique design. The task is to blend the essence of two chosen seasons onto the face and décolleté, with equal representation of each season (50/50 split). Competitors may choose any two seasons for their design.

Judging will focus on creativity, technical skill, colour harmony, theme representation, and overall impact. Competitors should aim to create a memorable fusion of two seasons, using two accessories to enhance their design.

## **3 CONTEST DESCRIPTION**

- 3.1** List of documents produced and timeline for when competitors have access to  
**3.2** the documents on the Skills/Compétences Canada website

DOCUMENT	DATE OF DISTRIBUTION
Project	December 2024
Videos and Instructions	December 2024
Release, consultation and analysis forms	December 2024
Sponsor product supply lists	February 2025

## **4 EQUIPMENT, MATERIALS, CLOTHING**

- 4.1** Equipment and materials provided by Skills/Compétences Canada

### General Equipment, Materials & Clothing

- Hot towel cabbies
- Chairs with backs
- Lay down beds
- Trolleys
- Magnifying lamps
- Step stools
- Manicure tables
- Small garbage cans

- Cleaning and disinfecting products
- Kleenex
- Hand soap
- Clipboards
- Pens/Pencils
- 4x4 facial gauze
- Non-latex gloves
- Q-Tips
- Cotton rounds
- Gibson towels
- Baskets for model clothing
- Large scissors
- Consultation forms for all services

#### Equipment & Materials for Advanced Facial

- Facial products (Sponsor TBD)
- BT Sonic/BT Micro
- Cooler boxes with ice
- Facial globes
- Facial wrap/sarong
- Bath robe
- Slippers
- White headbands
- Stainless steel bowls (one for water & one for wet towels)
- Fitted sheets
- Flat Sheets
- Blankets

#### Equipment & Materials for Manicure

- Manicure product (kit) & supplies (Sponsor TBD)
- LED Lamps
- Polish remover/acetone
- Nail dehydrator
- Scrub brush
- File 180/240
- File 180/100
- Orangewood sticks
- Buffers
- Cuticle oil
- Massage lotion

- Exfoliant
- Hand/arm mask
- Mask application brush
- Mask bag/mitt
- Base gel polish
- Red gel polish
- Top coat gel polish
- Lint free nail wipes
- Manicure table lamp

### Equipment & Materials for Body Therapy Treatment

- Body Therapy Treatment products (Sponsor TBD)
  - Detoxifying mud
  - Exfoliant
  - Body Lotion
  - Mylar sheet
  - Plastic sheet
  - Fitted sheets
  - Flat sheets
  - Blankets
  - Bath robe
  - Facial wrap/sarong
  - Jade combs
  - Lint free nail wipes
- Pedicure product (kit) & supplies (Sponsor TBD)
  - Base coat lacquer
  - White polish lacquer
  - Blush (translucent) polish lacquer
  - Top coat lacquer
  - Toe separators
  - Quick dry drops
  - Cuticle solvent
  - Polish remover/acetone
  - 180/240 file
  - 180/100 file
  - Orangewood sticks
  - Buffers
  - Foot bath cleanser/soap



### Equipment & Materials for Creative Makeup

- Cleanser
- Toner
- Moisturizer

**Competitors will be required to use the material and equipment provided by SCC. If it is not on either list, supplies/products supplied by SCC or supplies/products supplied by competitor, it will be removed from the skill area.**

#### **4.2** Equipment and Materials provided by the competitor

##### General Equipment, Materials & Clothing

- Tray to carry dispensed products from back bar to work area
- Facial protective masks
- Hand sanitizer
- Disinfecting agents for surfaces
- Reusable dispensing cups for all treatments
- Dispensing spatulas
- Copy of ALL papers including the Contest Description, Test Project, all Analysis/Consultation forms and any other information that was provided to you on the SCC website

##### Equipment & Materials for Advanced Facial

- Facial mask brush

##### Equipment & Materials for Manicure

- All implements needed to complete manicure (no electric tools allowed)
- All nail art supplies & tools
- All hand/arm art supplies & tools

##### Equipment & Materials for Body Therapy Treatment

- All implements needed to complete pedicure (no electric tools allowed)
- Mud application brush

##### Equipment & Materials for Creative Makeup

- All makeup/art mediums to complete creative makeup look
- All tools required to complete creative makeup look
- Makeup palette for dispensing
- Disposable mascara wands
- Sharpener
- Hair clips and/or headband to keep hair off face
- Accessories to complete look



#### 4.2.1 Toolbox Guidelines

One of the objectives of SCC is the sustainability of the competition. As a result, the toolbox brought by competitors will be restricted to the following maximum specifications:

The competitor toolbox must not exceed a carry-on size suitcase. There is no exception to this rule. If the competitor toolbox is larger than what is indicated, the competitor with the guidance of the NTC, will need to remove items from the toolbox and those items will not be used during the competition. All tools must fit inside one toolbox. Tools outside of a toolbox will not be permitted.

#### 4.3 Required clothing provided by the competitor

- Black scrub uniform (see sample below). NO leggings.
- Black non-slip flat or low heel, professional closed toed shoes.
- Black socks must be worn
- No jewelry.
- Hair must be tidy and tied back and off the collar and face
- Competitor must have short, manicured, non-polished nails



## 5 HEALTH AND SAFETY

### 5.1 Safety program

SCC has implemented a comprehensive safety program as health and safety is an integral part of our competitions. Our safety program includes guidelines and procedures to make the work environment in each skill area safer.

#### 5.1.1 Safety manual

As part of our program a safety manual has been created to monitor and document health and safety within each skill area. It includes a definite plan of action designed to prevent accidents. The safety manual will be provided for every skill and these instructions must be followed and respected by all participants and officials at the SCNC.

#### 5.1.2 Safety workshop

During orientation, competitors will participate in a safety workshop and they will be expected to work and maintain a safe working area during the competition. Any competitor breaking any health, safety, and environmental rules, may be required to undertake a second safety workshop, this will not affect the competitor's competition time.

### 5.2 List of required personal protective equipment (PPE) provided by Skills/Compétences Canada

- Non latex gloves
- Non latex finger cots

**NOTE:** Competitors who do not have the required protective equipment will not be allowed to participate in the competition

### 5.3 List of required personal protective equipment (PPE) provided by the competitor

- Facial protective covering mask
- Competitors will follow PPE regulations/guidelines as per their own province requirements
- Proper footwear, as per section 4.3

**NOTE:** Competitors who do not have the required protective equipment will not be allowed to participate in the competition

## 6 ASSESSMENT

### 6.1 Point breakdown

**NOTE:** This list is subject to change

TASKS	/100
Advanced Facial	30
Body Therapy Treatment	30
Manicure	20
Creative Makeup	20

## 7 CONTEST SPECIFIC RULES

Contest specific rules cannot contradict or take priority over the competition rules. They do provide specific details and clarity in areas that may vary from contest to contest. Any additional contest rules will be reviewed during the competitor orientation.

TOPIC/TASK	CONTEST SPECIFIC RULE
Use of technology, personal laptops, tablets and mobile phones	If contest becomes virtual, audio must be left on at all times
Tools/Infrastructure	Competitors must receive approval from the National Technical Committee to bring any other equipment or material that is not listed on  Please contact the Skills/ Compétences Canada national secretariat for written approval.

## 8 ADDITIONAL INFORMATION

### 8.1 Interpreter

If a competitor requires the help of an interpreter once onsite during the competition, the Skills/Compétences Canada Provincial/Territorial offices must advise Skills/Compétences Canada National Secretariat a minimum of 1 month prior to the competition or this service may not be guaranteed.

## 8.2 Ties

- Tiebreaker #1: In the event of a tie, the candidate with the highest score in the Advanced Facial criteria will be declared the winner.
- Tiebreaker #2: In the event of a second tie, the competitor with the highest score in the Body Therapy Treatment criteria will be declared the winner.
- Tiebreaker #3: If a tie still remains, the competitor with the highest score in the Creative Makeup criteria will be declared the winner.

## 8.3 Test Project change at the competition

Where the Test Project has been circulated to competitors in advance, NTC (National Technical Committee) members can change a maximum of 30% of the work content. Please refer to the competition rules (Refer to 8.4).

## 8.4 Competition rules

Refer to the competition rules of the Skills Canada National Competition which can be found on our website.

## 9 NATIONAL TECHNICAL COMMITTEE MEMBERS

MEMBER ORGANIZATION	NAME
Prince Edward Island	Stephanie Mitsuk
Nova Scotia	Judy Antonello
New Brunswick	Victoria Fairley
Quebec	Maryse Bureau
Ontario	Gwen Bennet
Manitoba	Brenda Richer
Saskatchewan	Leanne Brown - Chair
Alberta	Kaitlyn Green - Co-Chair
British Columbia	Louise Dannhauer
Yukon	Ammanda Partridge
Nova Scotia	Judy Antonello
New Brunswick	Victoria Fairley
Quebec	Maryse Bureau

Contact the Skills/Compétences Canada national secretariat for any questions or concerns: Nathalie Maisonneuve ([nathaliem@skillscanada.com](mailto:nathaliem@skillscanada.com)).