

CONTEST DESCRIPTION / DESCRIPTION DE CONCOURS

AESTHETICS ESTHETIQUE

POST-SECONDARY / NIVEAU POSTSECONDAIRE





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1 THE ESSENTIAL SKILLS FOR CAREERS IN THE SKILLED TRADES AND TECHNOLOGY

SCC is currently working with Employment and Social Development Canada (ESDC) in order to bring awareness to the importance of Essential Skills that are absolutely crucial for success in the workforce. Part of this ongoing initiative requires the integration and identification of Essential Skills in contest descriptions, projects, and project documents. The next phase and very important aspect of our Essential Skills (ES) initiative is to provide an ES report card to each competitor at the Skills Canada National Competition. The purpose of the ES report card is to inform the competitor about their current level of essential skills based on their competition scores. With this knowledge, the competitor will be made aware which essential skill may require improvement. Full implementation is expected in the 2017 Skills Canada National Competition.

The following 9 skills have been identified and validated as key essential skills for the workplace in the legend below:

¹Numeracy, ²Oral Communication, ³Working with Others, ⁴Continuous Learning, ⁵Reading Text, ⁶Writing, ⁷Thinking, ⁸Document Use, ⁹Digital

These essential skills have been identified with in section 2.4 and/or 3.2 of your Contest Description. The top three Essential Skills for your area of competition have been identified on your Project and all other supporting project documents.

2 CONTEST INTRODUCTION

- 2.1 Description of the associated work role(s) or occupation(s). http://skillscompetencescanada.com/en/careers/services/beauty-therapy/
- **2.2** Purpose of the Challenge.

The principal function of an aesthetician is to give beauty care to persons with the main purpose of improving their appearance as well as giving the people a physical and psychological well being. By general means, the essential part of this work is to treat different parts of the body including specific care to facial skin, specific care for the hands, specific care of the body, and the application of makeup, while demonstrating professionalism and complying with occupational health and safety.

- 2.3 Duration of contest.
 - 12 hours



2.4 Skills and Knowledge to be tested.

Advanced Facial

The competitor will demonstrate an advanced facial using the sponsor's products and machines

• Manicure with nail art

The competitor will demonstrate a manicure using Sponsor's products and will duplicate the nail art. $^{\rm 8}$

Body Therapy Treatment with Hair Removal

The competitor will demonstrate knowledge and understanding of a body treatment including cleansing, exfoliation, Swedish massage, and lower leg hair removal with wax⁷

• Make – up (Bridal to Creative)

The competitor will duplicate the makeup look posted on the web site and then display their vision board according to creative theme (Las Vegas Showgirl) and add creative design according to guidelines posted on website.

Essential Skills – ⁵Reading, ²Oral Communication ⁷Thinking (Problem solving, Job task planning and Organizing), ⁸Document Use

3 CONTEST DESCRIPTION

3.1 List of documents produced and timeline for when competitors have access to the documents.

DOCUMENT	DATE OF DISTRIBUTION VIA WEBSITE
Test Project	January, 2017
Manicure nail art design	January, 2017
Product list for all product supplied	January, 2017
Make up Design	January, 2017



3.2 Tasks that will be performed during the contest:

Manicure with Nail Art

• Objectives: Perform a manicure which includes, nail shaping, cuticle work, hand exfoliation, arm and hand massage, and application of nail lacquers. Nail art to be applied according to Test Project posted on SCC website.

Note: Nail art must be free hand using only the nail art brushes and dotter supplied by the Sponsor. Decals, polish with built in striper brush, corrector pens, guideline tape, or any other tool will not be allowed. Nail art brushes may not be adjusted in any way.

Body Therapy Treatment with Hair Removal on Lower Leg

• Objectives: To perform a body treatment that includes: cleansing, exfoliation, and 30 minute Swedish massage to back and back of legs. Hair removal using soft wax is to then be completed on lower leg, including the knee.

Bridal Make Up to Creative Aspect (Las Vegas Showgirl theme)

 Objectives: Duplicate the makeup look as posted (in the project). The makeup should be applied as an exact duplicate according to the picture provided. Artificial lashes must be applied to complete the look before the creative aspect is started. After the first judging, competitors will then display their vision board and then continue with the application of the creative aspect presented on their vision board.

Advanced Facial with Electrotherapy

 Objectives: Perform an advanced facial treatment using electrotherapy that meets the needs of the client's skin. The skin must be analyzed, findings recorded on the provided technical chart and the facial must be based on that analysis. *This will be part of the essential skills component.

Note: It is the candidate's responsibility to prepare for the competition by becoming familiar with the products and machines (refer to 4.1) to be used during the competition.



4 EQUIPMENT, MATERIAL, CLOTHING

- 4.1 Equipment and material provided by Skills/Compétences Canada
 - All products for facial and back treatment supplied by Dermalogica Canada
 - Makeup product supplied by Sheriff
 - Waxing product
 - Nail products supplied by LCN
 - Sponsor Educator Information
 - Small garbage cans and bags
 - Window cleaner
 - Cleaning products
 - Hand soap
 - Paper towels
 - Distilled water
 - Makeup stools
 - Aesthetics beds (chairs)
 - Trolleys (3 shelves)
 - Step stools
 - Steamer
 - Magnifying lamps
 - Hot cabbie (for steamed hot towels)
 - Manicure tables
 - Chairs with back
 - Manicure stools
 - Wax pots and wax
 - White Towels, (5) large and (29) Medium
 - Nail Art tools
 - Gibson Towels
 - UltraSonic machine
 - Wax remover/cleaner
 - Body Treatment (Eminence)
 - Blueberry Sugar Scrub
 - Blueberry Soy Massage Soufflé
 - o Blueberry Soy Exfoliating Cleanser



- 4.2 Equipment and material provided by the competitor
 - Kleenex
 - Tweezers
 - 2 stainless steel bowls (for facial and body treatments)
 - 1 flexi bowl
 - Facial mask brushes
 - Hookneck water bottle or small water jug
 - o Measuring jug
 - o Q-tips
 - Facial gown or wrap (2) white
 - Facial robe (2) white
 - o Slippers (2) sets
 - Head band (2) white
 - Manicure implements for nail care: only cuticle nippers, nail cutter, nail scissors, buffer, finger soaking bowl, orange stick, spatulas, steel pusher/ hoof stick and nail brush.
 - Disposable Emery board for natural nails
 - Note: Nails stones are not allowed
 - Makeup brushes (all brushes applicators and hair clips)
 - Makeup sponges.
 - Scissors for lashes
 - Make-up Palette to dispense make-up
 - Hair clip or headband (for keeping model's hair secure during make up application, facial and body treatments)
 - Long, black, make up drape for client with no visible logo (to the knee)
 - Disposable mascara wands
 - Spatulas (for cream, mask, makeup products, etc.)
 - Dispensing bowls for all treatments
 - Hand sanitizer and sanitizing agents for surfaces, tools and implements
 - Facial sponges
 - \circ Gloves
 - Finger cots
 - \circ Gauze
 - Facial protective mask
 - Clipboard
 - Pens and pencils
 - Competitors must bring a copy of the Skill Description, Test Project and all other documents pertaining to the Aesthetics competition.
 - $\circ \quad \text{Vision board}$
 - White blankets (2)
 - White flat sheets (2)
 - Fitted sheet (2)
 - Pre-Epilation cleanser
 - Muslin wax strips



- Post Epilation cream, lotion, or gel
- Pre-Epilation powder
- Disposable wax sticks
- Exam table paper
- Cotton rounds
- Disposable wax pot rings

The National Technical Committee must approve other equipment and material.

4.3 Required clothing provided by <u>competitor</u>

- Uniform (see test project)
- o Black non slip, flat or low heel, closed toed shoes with no laces
- o Black socks must be worn
- No jewellery which may interfere with the task being performed or place the model or aesthetician at risk
- Hair must be tidy and tied back, off the collar and face

5 SAFETY REQUIREMENTS

5.1 Safety workshop

Upon arrival at the Skill area, Competitors will participate in a Safety workshop and they will be expected to work and maintain a safe working area during the competition. Any Competitor breaking any health, safety and environment rules, may be required to undertake a second safety workshop, this will not affect the Competitor's competition time.

- **5.2** List of required personal protective equipment (PPE) provided by <u>competitors and</u> <u>used as needed.</u>
 - Closed toed non slip shoes
 - Protective mask
 - Non latex gloves
 - Finger cots

6 ASSESSMENT

6.1 Point breakdown

POINT BREAKDOWN	/100
Manicure with nail art	20
Makeup	20
Body Therapy Treatment	30
Advanced Facial	30



7 ADDITIONAL INFORMATION

7.1 Consecutive translation

If consecutive translation is required on site, the Skills/Compétences Canada Provincial/Territorial offices must advise Skills/Compétences Canada National Secretariat a minimum of 1 month prior to the competition or this service might not be guaranteed.

7.2 Tie (No ties are allowed)

In the event of a tie, the candidate with the highest score in the Advanced Facial criteria will be declared the winner.

In the event of a second tie, the competitor with the highest score in the Body Therapy Treatment criteria will be declared the winner.

7.3 Test Project change at the Competition

Where the Test Project has been circulated to Competitors in advance, NTC shall change a maximum of 30% of the work content. Please refer to the Competition Rules.

7.4 Competition Rules

Please refer to the competition rules of the Skills Canada National Competition.

Member Organization	Name	Email address			
Manitoba - Chair	Lucie Laurin	Lucile.laurin@lrsd.net			
Ontario	Diana Boboti-Senis				
Québec	Maryse Bureau				
New Brunswick	Gisele Fougere				
Prince Edward Island	Natashia Dollar				
Newfoundland and Labrador	Debbie Banfield				
Alberta	Audrey Eastham				
Nova Scotia	Jane Stronach				
Saskatchewan	Siobhan Loos				

8 NATIONAL TECHNICAL COMMITTEE MEMBERS